

WARNING, WARNING, WARNING



The electric range in this house is equipped with an automatic fire suppression system. This system can be activated by turning on any burner and not placing a pan on the burner. Accidental discharge of this system is considered non fair wear and tear damage. Recharging costs could exceed \$750. You will be charged for these costs. While cooking, use the ventilation system to prevent accidental discharge of the fire suppression system. Do not cause the accidental discharge of this fire suppression system or you will be billed for the service call to recharge the system.

DRYER CLEANING TIPS

CLEAN DIAL

CLEAN TOP
SIDES
FRONT
BACK
DRUM, INSIDE

THE DOOR MUST
BE CLEAN,
INSIDE AND ALL
LINT REMOVED.



CLEAN TOP PANEL

CLEAN BOTH
LINT
FILTERS

REFRIGERATOR CLEANING TIPS

BOTH FREEZER AND FRIDGE AREAS MUST BE TOTALLY EMPTY AND DOORS LEFT OPEN, WIPE DOWN ALL MOISTURE, REMOVE ALL DIRT

CLEAN INSIDE AND SHELVES TO INCLUDE DOOR SHELVES

ALL AREAS MUST BE THOROUGHLY CLEAN AND WIPED DRY TO PREVENT MOLD GROWTH.



CLEAN RUBBER SEALS
CLEAN RACKS
CLEAN ALL AREAS,
FRONT, BACK, COILS
CRISPER, DRAWERS
UNDER DRAWERS
DRIP PAN

MAKE SURE THE FRONT AND BACK ARE CLEAR OF DUST, SOME DRIP PANS ARE ON TOP OF THE COMPRESSOR IN THE BACK.

STOVE CLEANING TIPS

CLEAN TIMER
TOP FACING
UNDER AND AROUND
TOP FACE PLATE

REMOVE DIALS AND CLEAN
KNOBS, DIALS AND UNDER
DIALS

CLEAN SIDE PANELS

CLEAN COMPLETELY:
INSIDE OVEN, DOORS
BROILER AND PAN
INSIDE DRAWER



CLEAN UNDER AND
AROUND
BURNERS, LIFT UP AND
CLEAN UNDER BURNER
TOP

CLEAN OVEN LIGHT

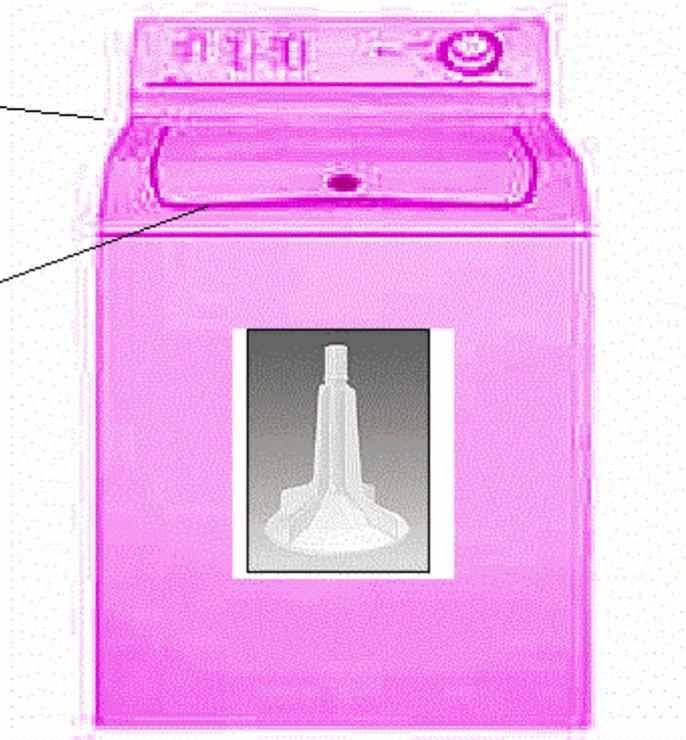
CLEAN ALL HANDLES

CLEAN UNDER THE GRILL AND FRONT OF THE STOVE
DON'T FORGET TO CLEAN UNDER THE STOVE, IT GETS
DUSTY UNDER THERE.

WASHER CLEANING TIPS

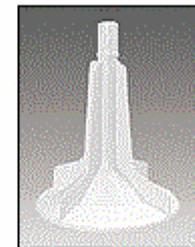
WIPE DOWN TOP PANEL
CLEAN THE HINGES

CLEAN THE HANDLE



CLEAN THE CONTROLS

WIPE DOWN THE TOP,
SIDES, FRONT AND BACK
THE INSIDE MUST BE
CLEAN, REMOVE THE
AGITATOR, LINT FILTER
AND MAKE SURE THE
DRUM IS CLEAN.



AGITATOR NORMALLY REMOVES
BY REMOVING THE SCREW ON TOP
OF THE COLUMN AND THEN IT
LIFTS OUT. REMEMBER TO CLEAN
UNDER THE AGITATOR.

What are PAHs?

Polycyclic Aromatic Hydrocarbons (PAHs) are a large group of different chemicals that are formed during the incomplete burning of coal, oil and gas, garbage, or other organic substances like tobacco or charbroiled meat.



PAHs are found in many foods to include broiled fish, cereals, refined oils and fats, roasted coffee, salad, spinach, and tea. A few are used in manufacturing to produce dyes, plastics, pesticides and medicines. PAHs are also found in tars, glues, and asphalt. PAHs from various sources may accumulate in house dust.

The purpose of this brochure is to present clear information regarding the ongoing discussion of PAHs. Read this pamphlet to learn more about these compounds and some simple steps to protect your family. For more information, contact your local Department of Public Works.

What are the short term health effects of PAHs?

PAHs are not frequently associated with adverse acute health effects in humans. However, skin and eye irritation has been reported among workers having very high occupational exposure to PAHs. Frequently other chemicals are found to be the cause for these reactions.

What are the long term health effects of PAHs?

The Department of Health and Human Services has determined some PAHs can potentially cause cancer. In studies of workers exposed to very high industrial levels of PAHs over a long period of time, exposure was associated with certain types of cancer. Some of these workers were involved in roofing, road repair, and incinerator plants, regularly breathing and coming into contact with vapors containing large quantities of many different PAH compounds.

Can exposure to PAHs be eliminated?

No. PAHs exist naturally in the environment. Prevention of excessive exposure is the single best approach for reducing health risks. A parent who smokes in the presence of family members exposes them to unnecessarily high levels of PAHs. Many PAHs can be passed by a smoking mother to an unborn child and to infants through breast milk. Limiting the amount of grilled foods and other PAH-containing substances will help in reducing the intake of PAHs.

How much PAH will cause illness?

Several factors influence whether harmful effects will occur from exposure to PAHs. These factors include dose (how much), duration (how long), route or pathway by which you are exposed (breathing, eating, drinking or skin contact), and individual characteristics such as age, health status, and other chemical exposures. For the general population, no exposure limits have been established for PAHs in homes. However, young children may be at higher risk for exposure to any contaminant found in dust on the floor. A recent study performed by the University of Erlangen-Nürnberg of children in former U.S. Family housing showed no evidence of increase absorption of PAHs.



Is there a medical test to show whether you have been exposed to PAHs?

Special tests can detect PAHs in the body. However, these tests cannot determine if health effects will occur or identify the degree of exposure. Normal levels of PAHs in humans have not been established, therefore, test results are not helpful for finding if an individual is overexposed. Additionally, because of the numerous possible sources of PAHs throughout our environment, a test will not identify the source of the exposure.

IMPORTANT

PAHs in the environment -- including food, water, soil, and air -- may be hazardous if not managed properly.

FACT: Exposure to high levels of PAHs over long periods of time can be harmful.

FACT: These compounds can enter the body by breathing dust and smoke, or by eating soil, food, or drinking water containing PAHs.

FACT: PAHs occur naturally in the environment from the incomplete burning of organic materials (wood, coal, and others).

FACT: The single biggest contributor to indoor PAH levels is tobacco smoke.

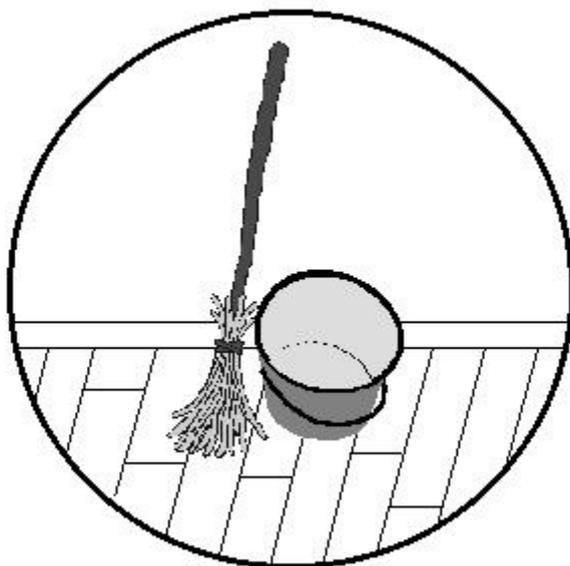
FACT: Intact flooring provides a protective barrier from the glue.



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Five simple steps to protect your family from PAHs

- ☑ Avoid smoking indoors.
- ☑ Keep floors clean and free of dust.
- ☑ Report broken or cracked flooring to DPW.*
- ☑ Limit the amount of grilled or barbecued foods.
- ☑ Wash children's hands, bottles, toys and pacifiers often.



* Cracks exceeding 3/16" (5mm)



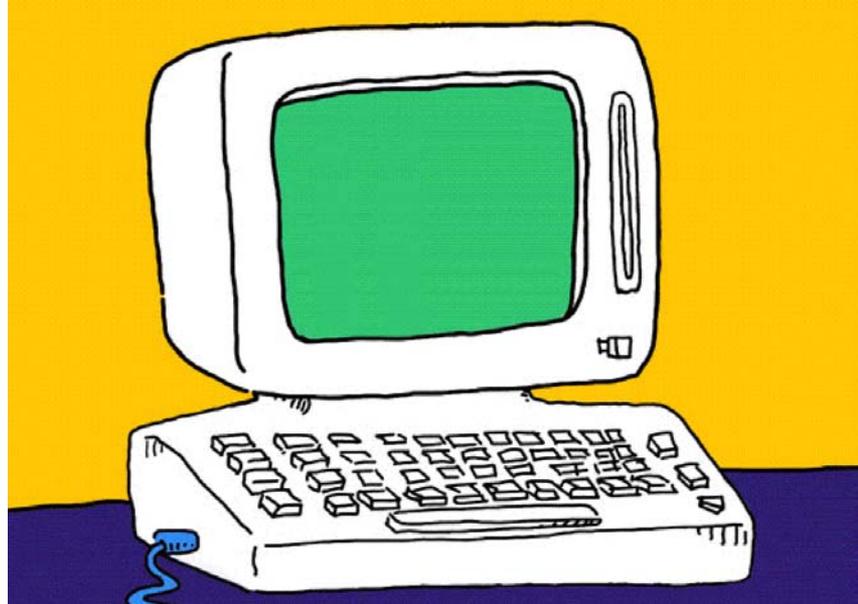
Protect Your Family From PAHs in Your Home



U.S. Army
Center for
Health
Promotion
and
Preventive
Medicine -
Europe



DPW IS HAPPY TO ANNOUNCE THE ARRIVAL OF THE COMPUTER AGE IN OUR CUSTOMER CARE PROGRAMS. IF YOU HAVE ONE OF THESE, YOU CAN NOW REACH US VIA THE INTERNET.



IF YOU HAVE A COMPUTER AT HOME OR AT WORK AND NEED TO SUBMIT A SERVICE ORDER FOR REPAIR OF YOUR QUARTERS OR OFFICE AREA, SIMPLY LOG ONTO OUR WEB SITE AND SUBMIT YOUR SERVICE ORDER OVER THE WEB. THE SITE IS LOCATED AT www.98asg.wuerzburg.army.mil . CLICK ON Submit Maintenance Request AT TOP OF PAGE. FOLLOW THE LINKS TO THE DIRECTORATES, CLICK ONTO THE DPW AND THERE YOU WILL FIND THE OPTION OF ENTERING YOUR SERVICE ORDER VIA THE INTERNET. JUST ONE MORE STEP IN KEEPING 417TH BSB A TRUE COMMUNITY OF EXCELLENCE.

ARE YOU GETTING READY TO PCS AND HAVE YOUR HOUSEHOLD GOODS PACKED? BE AWARE OF WHO THE PACKERS WORK FOR, THEY WORK FOR YOU!



YOU ARE THE INSPECTOR FOR ANY DAMAGE TO YOUR PROPERTY OR HOUSING!!!

AS YOU GET READY TO PACK EVERYTHING YOU OWN AND MOVE TO YOUR NEXT ASSIGNMENT, BE AWARE, THE MOVERS THAT PACK YOUR STUFF WORK FOR YOU. IF THEY DAMAGE YOUR GOVERNMENT QUARTERS OR FURNITURE YOU ARE THE ONE HELD LIABLE FOR THE DAMAGE THEY DO. MAKE CERTAIN TO REPORT ANY DAMAGE TO THE CUSTOMER SERVICE SECTION OF THE TRANSPORTATION OFFICE BEFORE THE MOVER LEAVES YOUR QUARTERS. CALL THE QUALITY CONTROL INSPECTOR AT 09321-702-2431/2688 WHILE THE MOVERS ARE AT THE QUARTERS. IF YOU FAIL TO PROPERLY REPORT DAMAGES YOU MAY BE HELD RESPONSIBLE FOR THE DAMAGES THEY DID. THE MOVERS THAT PACK AND PICK UP YOUR GOODS ARE INSPECTED BY YOU, MAKE SURE YOU DO A GOOD JOB!!!